

## Guide to Installing and Using "Smoking Cessation for Pregnancy and Beyond"

### **Minimum Specifications**

Windows®: Pentium II-300mhz, 64 MB RAM (recommend 96MB or higher), 33 MB of hard drive space. This product runs under: Windows 98SE, ME, NT 4.0 SP6a, XP Home, XP Professional, Windows 2000 SP2.

Macintosh®: G3-300mhz, 64 MB RAM (recommend 96MB or higher), 33 MB of hard drive space. There are separate applications for Mac OS 9 and OS X users.

### **Installing the program**

Windows users should run the Setup.exe application found on the CD. Please consult the "Smoking User Manual.pdf" for additional technical information and troubleshooting tips. In some institutional settings a system administrator must authorize installation of this software.

Macintosh users should run the Mac Smoking Installer application found on the CD.

The program requires Apple's QuickTime and On2's VP3 video codec to be installed prior to launching the program for the first time. Installers for these are included on the CD in the "Install QuickTime and VP3" folder. OS 9 users may need to reboot their machine after installing QuickTime and VP3.

### **Launching the program**

The Virtual Clinic works best with the monitor resolution set at 800 x 600 and 24-bit or 32-bit mode (millions of colors). The program will not run in 8-bit mode (256 colors). You should also adjust your speaker volume to a comfortable level before launching the program. Refer to your computer system manual for guidance.

Windows users: From the Start menu, select Programs > Smoking Cessation for Pregnancy.

Macintosh users: Double-click on the "Smoking Cessation" program icon in the Smoking Cessation for Pregnancy folder that has been installed on your hard drive.

### **Helpful keystrokes for the Virtual Clinic**

Note: Macintosh users should use the Apple key instead of the Alt key.

Alt+q	Quit the program
Alt+o (letter O)	Go to clinic Overview
Esc	Skip current video or audio clip (use sparingly)
Alt+p	Pause video or audio (press again to continue)

### **Getting program updates & additional technical support**

Go to Interactive Media Laboratory's web site at <http://iml.dartmouth.edu/education/cme/Smoking>, or send email to [info@iml.dartmouth.edu](mailto:info@iml.dartmouth.edu).